



H·A·B·S
STRENGTH **IN** MIND
THERAPEUTIC SERVICES

Coffee & Connection

Talk | Listen | Support

Feeling overwhelmed?
Worried About Your Child's Wellbeing?
Struggling With Emotions or Family Life?
You're NOT alone.

Join us in a relaxed, welcoming space to talk, share and get expert support.

We Offer a Safe, Welcoming Space where you can:

- Talk through challenges.
- Share what's on your mind.
- Get guidance from qualified professionals.

Support Available From:

Family Support Workers | Child & Adult Counsellors | Psychotherapists



@Habs_strength_in_mind



Date:

23rd January

Time:

9.30-11.30

Location:

Wormley
Primary School

Follow us on social media

Learn more here



Hope Achieve Believe Succeed



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