

Prayer Progression



St Cross Catholic Primary School

Hail Mary (Reception)

Hail Mary, full of grace, the Lord is with thee.
Blessed art thou among women, and blessed is
the fruit of thy womb, Jesus.
Holy Mary, Mother of God, pray for us sinners,
now, and at the hour of our death.
Amen.

Our Father (Reception)

Our Father, who art in Heaven, hallowed be
Thy Name. Thy Kingdom come. Thy Will be done,
on earth, as it is in Heaven. Give us this day our
daily bread and forgive us our trespasses as we
forgive those who trespass against us; and lead us
not into temptation, but deliver us from evil.
Amen.

Morning Prayer (Reception)

O my God, you love me,
you are with me night and day.
I want to show I love you
in all I do and say.
I will try to please you, Father,
bless me through this day.
Amen

Evening Prayer (Reception)

God our Father, I come to say
thank you for your love today.
Thank you for my family
and all the friends you give to me.

Guard me in the dark of night
and in the morning send your light.
Amen.

Grace before Meals Prayer (Reception)

Bless us, O God, as we sit together.
Bless the food we eat today.
Bless the hands that made the food,
And bless those who have no food.
Amen.

Year 1

Glory Be (Y1)

Glory be to the Father, and to the Son, and to the Holy Spirit,
as it was in the beginning, is now, and ever shall be, world without end.
Amen.

Prayer to the Guardian Angel (Y1)

Angel of God, my guardian dear,
to whom God's love commits me here;
ever this day be at my side;
to watch and guard, to rule and guide.
Amen

Year 2

Eternal Rest (Y2)

Eternal rest give unto them, O Lord.
And let perpetual light shine upon them.
May they rest in peace.
Amen.

Year 3

The Angelus (Y3)

The Angel of the Lord declared to Mary: and she conceived of the Holy Spirit.

Hail Mary...

Behold the handmaid of the Lord: be it done to me according to your word.

Hail Mary...

And the Word was made flesh: and dwelt among us

Pray for us, O holy Mother of God,

that we may be made worthy of the promises of Christ.

Let us pray:

Pour forth, we beseech you, O Lord,

your grace into our hearts,

that we to whom the incarnation of Christ, your Son,

was made known by the message of an angel,

may, by his passion and cross,

be brought to the glory of his resurrection,

through Christ our Lord. Amen.

Eucharist Act of Sorrow (Y3)

O my God, I thank you for loving me.

I am sorry for all my sins:

for not loving others and not loving you.

Help me to live like Jesus

and not sin again.

Amen.

Year 4

The Memorare (Y4)

Remember, O most loving Virgin Mary,

that it is a thing unheard of,

that anyone ever had recourse to your protection,

implored your help,

or sought your intercession,
and was left forsaken
Filled therefore with confidence in your goodness
I fly to you, O Mother, Virgin of virgins.
To you I come, before you I stand, a sorrowful sinner.
Despise not my poor words,
O Mother of the Word of God,
but graciously hear and grant my prayer.
Amen.

Year 5

The Magnificat (Y5)

My soul glorifies the Lord,
My spirit rejoices in God, my Saviour.
He looks on his servant in her loneliness;
henceforth all ages will call me blessed.
The Almighty works marvels for me.
Holy his name!
His mercy is from age to age, on those who fear him.
He puts forth his arm in strength and scatters the proud-hearted.
He casts the mighty from their thrones and raises the lowly.
He fills the starving with good things, sends the rich away empty.
He protects Israel, his servant,
remembering his mercy, the mercy promised to our fathers,
to Abraham and his sons for ever.

The Hail, Holy Queen (Y5)

Hail, Holy Queen, Mother of Mercy.
Hail our life, our sweetness and our hope!
To thee do we cry, poor banished children of Eve;

to thee do we send up our sighs,
mourning and weeping in this vale of tears.
Turn then, O most gracious Advocate,
thine eyes of mercy towards us
and after this our exile
show unto us the blessed fruit of thy womb, Jesus;
O clement, O loving, O sweet Virgin Mary.
Pray for us, O Holy Mother of God;
That we may be made worthy of the promises of Christ.

Year 6

Prayer to the Holy Spirit (Y6)

O Come, Holy Spirit,
fill the hearts of your faithful,
and enkindle in them the fire of your love.
Send forth your Spirit and they shall be created.
And you shall renew
the face of the earth.
O God, who has taught the hearts of the faithful
by the light of the Holy Spirit,
grant that by the gift of that same Spirit
we may be always truly wise
and ever rejoice in his consolation.

Apostles Creed (Y6)

I believe in God the Father almighty, Creator of heaven and earth,
and in Jesus Christ, his only Son, our Lord,
who was conceived by the Holy Spirit,
born of the Virgin Mary,
suffered under Pontius Pilate,

was crucified, died, and was buried;
he descended into hell; on the third day he rose again from the dead;
he ascended into heaven,
and is seated at the right hand of God the Father almighty,
from there he will come to judge the living and the dead.
I believe in the Holy Spirit,
the holy catholic Church,
the communion of saints,
the forgiveness of sins,
the resurrection of the body, and life everlasting.
Amen.

