



YEAR 2

Ball Skills

Scheme of Work

Introduction

In this unit, pupils will develop their fundamental ball skills such as throwing and catching, rolling, hitting a target, dribbling with both hands and feet and kicking a ball. Pupils will have the opportunity to work independently, in pairs and small groups.

Key Skills

- Physical: rolling, kicking, Physical: throwing, catching, bouncing, dribbling
- Social: co-operation, communication, leadership, supporting others
- Emotional: honesty, perseverance, challenging myself
- Thinking: using tactics, exploring actions

Learning Objective

LESSON 1	To be able to roll a ball to hit a target.
LESSON 2	To develop co-ordination and be able to stop a rolling ball.
LESSON 3	To develop technique and control when dribbling a ball with your feet.
LESSON 4	To develop control and technique when kicking a ball.
LESSON 5	To develop co-ordination and technique when throwing and catching.
LESSON 6	To develop control and co-ordination when dribbling a ball with your hands.

Assessment Criteria

YEAR 2

- I am beginning to provide feedback using key words.
- I am beginning to understand and use simple tactics.
- I can dribble a ball with my hands and feet with some control.
- I can roll and throw a ball to hit a target.
- I can send and receive a ball using both kicking and throwing and catching skills.
- I can track a ball and collect it.
- I can work co-operatively with a partner and a small group.

Links to the National Curriculum

ENGLISH

- Learning vocabulary – distance, overarm, underarm, received, send, accurate, target
- Listening and following instructions
- Expressing ideas
- Communicating with others

MATHS

- Counting
- Keeping the score

SCIENCE

- Observing changes in the body and breathing after exercise

Health and Safety

Teach the pupils how to behave and move in a safe way both with and without equipment. Ensure that all equipment is stored safely when not in use. In particular, unused balls must be stored in a safe place. This could be back in bags or on trolleys, using a bench turned on the side or cones to stop them rolling.