

Year 3 PSHE/RSE Class Mapping 2023/24

Autumn 1 Being me in my world	Autumn 2 Celebrating difference	Spring 1 Dreams and goals	Spring 2 Healthy me	Summer 1 Relationships	Summer 2
<u>RSE - Get up 5 stories</u> We are created individually by God who is Love, designed in His own image and likeness	<u>RSE - Get up 5 stories</u> God made us with the desire to be loved and to love	<u>RSE - Get up 5 stories</u> God made each of us to have a specific purpose (vocation).	<u>RSE - Get up 5 stories</u> Every human life is precious from the beginning of life (conception) to natural death	<u>RSE - Get up 5 stories</u> Personal and communal prayer and worship are necessary ways of growing in our relationship with God	
<u>PSHE - Jigsaw L1</u> I recognise my worth and can identify positive things about myself and my achievements.	<u>PSHE - Jigsaw L1</u> I understand that everybody's family is different and important to them.	<u>PSHE - Jigsaw L1</u> I can tell you about a person who has faced difficult challenges and achieved success.	<u>PSHE - Jigsaw L1</u> I understand how exercise affects my body and know why my heart and lungs are such important organs.	<u>PSHE - Jigsaw L1</u> I can identify the roles and responsibilities of each member of my family and can reflect on the expectations for males and females.	<u>RSE Respecting our bodies</u> About the need to respect and look after their bodies as a gift from God.
<u>RSE What am I feeling?</u> That emotions change as they grow up. About the range and intensity of their feelings and that	<u>PSHE - Jigsaw L2</u> I understand that differences and conflicts sometimes happen among family members	<u>PSHE - Jigsaw L2</u> I can identify a dream/ambition that is important to me	<u>PSHE - Jigsaw L2</u> I understand how exercise affects my body and know why my heart and lungs are such important organs	<u>PSHE - Jigsaw L2</u> I can identify and put into practice some of the skills of friendship, e.g. taking turns, being a good listener	<u>RSE Respecting our bodies</u> About the need to respect and look after their bodies as a gift from God through what they wear.

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‘feelings’ are not good guides for action. Feelings are neither good or bad, but information about what we are experiencing that help us consider how to act. What ‘emotional well-being’ means and that positive actions and talking to trusted people enhance emotional well-being.					
<u>PSHE - Jigsaw L3</u> I understand why rules are needed and how they relate to rights and responsibilities.	<u>PSHE - Jigsaw L3</u> I know what it means to be a witness to bullying.	<u>PSHE - Jigsaw L3</u> I enjoy facing new learning challenges and working out the best ways for me to achieve them.	<u>PSHE - Jigsaw L3</u> I can tell you my knowledge and attitude towards drugs.	<u>PSHE - Jigsaw L3</u> I know and can use some strategies for keeping myself safe.	<u>RSE Respecting our bodies</u> About the need to respect and look after their bodies as a gift from God what they eat and what they physically do.
<u>PSHE - Jigsaw L4</u> I understand that my actions affect myself and others and I care about other people’s feelings.	<u>PSHE - Jigsaw L4</u> I know that witnesses can make the situation better or worse by what they do.	<u>PSHE - Jigsaw L4</u> I am motivated and enthusiastic about achieving our new challenge.	<u>RSE Sharing online</u> To recognise that their increasing independence brings increased responsibility to keep	<u>RSE Jesus my friend</u> That God loves, embraces, guides and forgives us; He reconciles us with Him and one another.	<u>RSE What am I looking at?</u> To recognise that images in the media do not always reflect reality and can affect

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			themselves and others safe. How to use technology safely. That just as what we eat can make us healthy or make us ill, so what we watch, hear, say or do can be good or bad for us and others. How to report and get help if they encounter inappropriate materials or messages	The importance of forgiveness and reconciliation in relationships, and some of Jesus' teaching on forgiveness. That relationships take time and effort to sustain. We reflect God's image in our relationships with others: this is intrinsic to who we are and to our happiness.	how people feel about themselves.
<u>PSHE - Jigsaw L5</u> I can make responsible choices and take action.	<u>PSHE - Jigsaw L5</u> I recognise that some words are used in hurtful ways.	<u>PSHE - Jigsaw L5</u> I can recognise obstacles which might hinder my achievement and can take steps to overcome them.	<u>RSE Respecting our bodies</u> About the need to respect and look after their bodies as a gift from God through what they wear, what they eat and what they physically do.	<u>PSHE - Jigsaw L5</u> I understand how my needs and rights are shared by children around the world and can identify how our lives may be different.	<u>RSE What am I looking at?</u> That God made us and loves us as we are.
<u>RSE A community of love</u> God is love as shown by the Holy Trinity – a communion of persons supporting each other in their	<u>PSHE - Jigsaw L6</u> I can tell you about a time when my words affected someone's feelings and what the consequences were.	<u>RSE We don't have to be the same</u> Similarities and differences between people arise as they grow and make choices, and that by living and	<u>PSHE - Jigsaw L6</u> I understand how complex my body is and how important it is to take care of it.	RSE Family friends and others	

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self-giving relationship. The human family reflects the Holy Trinity in mutual charity and generosity. We are made in the image of God, which means we are made to love God and others, and be loved by God and others.		working together – teamwork – we create community. Self-confidence arises from being loved by God (not status, etc)			
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