

Year 1

PSHE- Jigsaw

RSE-Life to the Full

Autumn 1 Being me in my world	Autumn 2 Celebrating difference	Spring 1 Dreams and goals	Spring 2 Healthy me	Summer 1 Relationships	Summer 2
Jigsaw L1 <i>Know how to feel special and safe in my class</i>	Jigsaw L1 <i>Identify similarities between people in my class</i>	Jigsaw L1 <i>Set simple goals</i>	Jigsaw L1 <i>Understand the difference between being healthy and unhealthy</i>	Jigsaw L1 <i>Identify members of my family.</i>	RSE <i>Understand the terms similarities and differences</i>
Jigsaw L2 <i>Understand my rights and responsibilities as a member of the class</i>	Jigsaw L2 <i>Identify differences between people in my class</i>	Jigsaw L2 <i>Set a goal and work out how to achieve it</i>	Jigsaw L3 <i>Know how to keep myself clean and healthy</i>	Jigsaw L2 <i>Identify what being a good friend means</i>	RSE <i>Look at gender stereotypes</i>
Jigsaw L4 <i>Know my views are valued</i>	Jigsaw L3 <i>Understand how being bullied might feel</i>	Jigsaw L3 <i>Understand how to work well with a partner</i>	Jigsaw L4 <i>Understand medicines can help if I feel poorly</i>	Jigsaw L5 <i>Recognise my qualities as a person and a friend</i>	RSE <i>Discuss external body parts</i>
Jigsaw L5 <i>Recognise the choices are make and recognise the consequences.</i>	Jigsaw L4 <i>Know some people who I can talk to if I'm being unkind</i>	Jigsaw L4 <i>Tackle a new challenge</i>	Jigsaw L6 <i>Identify ways to keep my body safe and healthy</i>	Jigsaw L6 <i>Express how I feel about someone who is special to me</i>	RSE <i>To understand that some part of our body are private</i>
Jigsaw L6 <i>Understand my rights and responsibilities</i>	Jigsaw L5 <i>Know how to make new friends</i>	Jigsaw L5 <i>Identify obstacle that's might make it difficult to achieve a new challenge</i>	RSE <i>Know how to stay clean and Healthy</i>	RSE <i>Name special people in our lives</i>	RSE <i>Differences between boys and girls</i>
RSE <i>Know that God made us and loves us - Let the children come</i>	RSE <i>Understand my feelings, including likes and dislikes</i>	Jigsaw L6 <i>How does it feel to succeed in a new challenge</i>	RSE <i>Understand how to be safe (e- safety)</i>	RSE <i>Understand how to treat others well</i>	RSE <i>Prayers for boys and girls</i>

