

PSHE/ RSE CLASS MAPPING RECEPTION

Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
PSHE: Being me in my world	PSHE: Celebrating difference	PSHE: Relationships	PSHE: Healthy me	PSHE: Dreams and goals	PSHE: Changing Me
PSHE: New school, New Teachers • I know who my teachers are and who I can ask for help if I need it.	PSHE: Making Friends • I know how to be a kind friend	PSHE: Falling out and Bullying. • I can use calm me time to manage my feelings	PSHE: Keeping Clean • I understand why it is important to wash my hands thoroughly especially before eating and after going to the toilet.	PSHE: Challenges • I understand that if I persevere I can tackle challenges	PSHE: Fun and Fears • I can express how I feel about moving into Year 1
PSHE: Being at School • I know how to work with others to make school a good place to be.	PSHE: Standing up for Yourself • I know which words to use to stand up for myself when someone says or does something unkind.	RSE: Module 2 Created to Love Others RSE: Unit 1 Religious Understanding Role Model Children will learn that: • We are part of God's family • Jesus cared for others and wanted them to live good lives like Him • We should love other people in the same way God loves us.	RSE Module 2 Created to Love Others RSE: Unit 3 Life Online What is the Internet? Children will learn: • That the internet connects us to others • That the internet helps us in lots of ways • Only Jesus can help us with everything	PSHE: Never Giving Up • I can tell you about a time I never gave up and achieved my goal	PSHE: Fun and Fears • I can talk about my worries and/or things that I am looking forward to about being in Year 1.

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RSE: Module 1 Created and Loved by God RSE: Unit 1 Religious Understanding Children will know that: • We are created individually by God as part of His creation plan • We are all God's children and are special • Our bodies were created by God and are good • We can give thanks to God!	RSE: Module 1 Created and Loved by God RSE: Unit 3 Emotional Health I Like, You Like, We All Like! Children will learn that: • We all have different 'tastes' (likes and dislikes), but also similar needs (to be loved and respected, to be safe etc) • It is natural for us to relate to and trust one another	RSE: Unit 2 Personal Relationships Who's Who Children will learn: • To identify special people (e.g. parents, carers, friends) and what makes them special • The importance of the nuclear family and of the wider family • The importance of being close to and trusting 'special people', and telling them when something is troubling them	RSE: Playing Online Children will learn: • About safe and unsafe situations online. • That they can ask for help from their special people.	PSHE: Setting a goal • I can set a goal and work towards it.	PSHE: Celebration • I can share my memories of the best bits in Reception.
RSE: I am Me Children will learn that: • We are each unique, with individual gifts, talents and skills. • Whilst we all have similarities because we are made in God's image, difference is part of God's plan!	RSE: All the Feelings Children will develop: • A language to describe their feelings • An understanding that everyone experiences feelings • An understanding that feelings are neither good nor bad; they give us information about	RSE: You've Got a Friend in Me Children will learn: • How their behaviour affects other people and that there is appropriate and inappropriate behaviour • The characteristics of positive and negative relationships	RSE: Unit 4 Keeping Safe Safe inside and Out Children will learn: • About safe and unsafe situations outdoors and indoors. • That they can ask for help from their special people.	PSHE: Footprint Awards I can say how I feel when I achieve a goal and know what it means to feel proud.	RSE: Module 3 Created to live in Community RSE: Unit 2 Living in the Wider World Me, You, Us Children will learn: • That they belong to various communities, such as home, school, parish, the wider local area, nation and the global community

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	what we are experiencing • Simple strategies for managing feelings	• About different types of teasing and that all bullying is wrong and unacceptable			• That they should help at home with practical tasks such as keeping their room tidy, helping in the kitchen, etc.
RSE: Unit 2 Me, My Body, My Health Head, Shoulders, Knees and Toes Children will learn: • That their bodies are good and made by God • The names of the parts of the body (not genitalia)	RSE Let's Get Real Children will learn: • How feelings can affect actions, and that actions have consequences • Simple strategies for managing emotions and behaviour • That we have choices and these choices can impact how we feel and respond. • We can say sorry and forgive like Jesus	RSE: Forever Friends Children will learn: • To recognise when they have been unkind to others and say sorry • That when we are unkind, we hurt God and should say sorry • To recognise when people are being unkind to them and others and how to respond • That we should forgive like Jesus forgives:	RSE: My Body, My Rules Children will learn: • That they are entitled to bodily privacy • That they can and should be open with 'special people' they trust if anything troubles them • That there are different people we can trust for help, especially those closest to us who care for us, including our teachers and our parish priest	RSE Module 3 Created to live in Community RSE Unit 1 Religious Understanding God is Love Children will learn: • That God is love: Father, Son and Holy Spirit • That being made in His image means being called to be loved and to love others	RSE: Unit 2 Living in the Wider World Me, You, Us Children will learn: • That we have a duty of care for others and for the world we live in (charity work, recycling, etc.)
RSE: Ready Teddy Children will learn: • That our bodies are good and we need to look after them • What constitutes a healthy lifestyle,	RSE :Unit 4 Life Cycles Growing Up Children will learn: • That there are natural life stages from birth to death, and what these are		RSE: Feeling Poorly Pupils will know that: • Medicines should only be taken when a parent or doctor gives them to us.	RSE: Loving God, Loving Others Children will learn: • What a community is, and that God calls us to live in community with one another	RSE: Unit 2 Living in the Wider World Me, You, Us Children will learn: • About what harms and what improves the world in which they live

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including exercise, diet, sleep, and personal hygiene			• Medicines are not sweets. • We should always try to look after our bodies, because God created them and gifted them to us.	• A Scripture illustrating the importance of living in a community • No matter how small our offerings, they are valuable to God and He can use them for His glory.	
	.		RSE: People Who Help Us Pupils will know that: • There are lots of people who do jobs to help us • That in an emergency, they (or an adult) should call 999 and ask for ambulance, police and/or fire brigade • Paramedics help us in a medical emergency • First Aid can be used in non-emergency situations, as well as whilst waiting for an ambulance		