



Policy for Personal, Social, Health Education (PSHE)

Introduction

The DFE states that “personal, social, health and economic (PSHE) education is an important and necessary part of all pupils’ education. All schools should teach PSHE, drawing on good practice, and this expectation is outlined in the introduction to the national curriculum.”

In September 2020, an amendment to the Children and Social Work Act 2017 made Relationships and Health Education at primary, and Relationships, Sex, and Health Education at secondary, statutory subjects.

At St Cross Catholic, we teach Personal, Social, Health Education as a whole-school approach to underpin children’s development as people and because we believe that this also supports their learning capacity.

The Jigsaw Programme offers us a comprehensive, carefully thought-through Scheme of work, which brings consistency, and progression to our children’s learning in this vital curriculum area. The overview of the programme can be seen on the school website

Aims and Objectives

Our PSHE curriculum has been designed to promote children’s personal, social, health and economic development. It aims to give children the knowledge and understanding that they need to stay healthy and keep themselves safe. It focuses on children’s health and wellbeing both mentally and physically, providing children with the knowledge and awareness to cope and succeed in the evolving world around us. Our ethos ensures that we meet the five strands of Every Child Matters which states that every child has the right to:

- Be Healthy
- Stay Safe
- Enjoy and Achieve
- Make a Positive Contribution
- Achieve Economic Well-being

In covering these strands, we ensure that we provide children with the skills to develop worthwhile, positive relationships and to understand the importance of these relationships in relation to our wellbeing. In doing this we teach our children to respect and value differences to live in a cohesive society. We teach the importance of these positive relationships in the world of work. We help children to set achievable goals and provide them with the determination and lifelong skills to reach their aspirations.

Teaching and Learning



We teach the Jigsaw PSHE scheme throughout the school. Jigsaw is a mindful and child-centred approach to PSHE. It is an original and comprehensive scheme of learning, which integrates personal, social, health and economic education with emphasis on emotional literacy, mental health and SMSC, especially spiritual development.

Jigsaw aims to help children know and value who they really are and how they relate to other people in this ever-changing world.

This subject continues to be of significant importance this year to focus on children's personal, social and emotional development as we come out of a global pandemic.

We celebrate children using what they have learnt in PSHE and using it as a skill in the school community. For example, in our Celebration assembly each week there is a Headteacher kindness award.

Equal opportunities

We recognise that there are pupils of widely different abilities in all classes and we ensure that we provide suitable learning opportunities for all pupils by matching the challenge of the task to the ability of the child.

We achieve this in a variety of ways by:

- enabling pupils to work in mixed ability pairs/groups;
- setting common tasks which are open-ended and can have a variety of responses;
- providing resources/tasks of different complexity;
- using classroom assistants if present to support the work of individual pupils or groups of children.

PSHE Curriculum and Planning

Throughout the school we use Jigsaw to teach PSHE and Citizenship. Jigsaw 3-11 offers a comprehensive Programme for Primary PSHE including statutory Relationships and Health Education, in a spiral, progressive and fully planned scheme of work, giving children relevant learning experiences to help them navigate their world and to develop positive relationships with themselves and others. Jigsaw consists of six half-term units of work (Puzzles), each containing six lessons (Pieces) covering each academic year. Term 1: Being Me in My World Term 2: Celebrating Difference (including anti-bullying) Term 3: Dreams and Goals Term 4: Healthy Me Term 5: Relationships Term 6: Ten Ten resources for RSE learning. This Year 2023, we have created a cross-curricular mapping with our RSE scheme so both PSHE and RSE are being taught alongside one another.

Alongside weekly PSHE lessons to promote the subject further we celebrate PSHE focused weeks for example, World Mental health day, Anti-bullying week and Children's Mental Health week.



Assessment and Record Keeping

Assessment is formative and is used to support teaching and learning and to inform future planning. Within each, puzzle piece (topic) there, a self-assessment sheets where the children can access their own understanding. Teachers also have access to the Summative Assessment tracker and each puzzle piece is broken down into I can statements on Target tracker.
Resources

Monitoring and review

It is the responsibility of the PSHE subject leader to monitor the standards of children's work and the quality of teaching in PSHE through book looks, pupil voice and drop ins. The PSHE subject leader is also responsible for being informed about current developments in the subject and for providing a strategic lead and direction for the subject in the school. Through an Action Plan the PSHE subject leader gives the head teacher a termly plan of action which she sets out termly objectives to meet in order to improve standards in PSHE

Review

This policy has been considered by Staff and Governors of St. Cross Catholic Primary School and will be reviewed annually.