

Autumn 1 Being me in my world	Autumn 2 Celebrating difference	Spring 1 Dreams and goals	Spring 2 Healthy me	Summer 1 Relationships	Summer 2 RSE
Jigsaw L1- My Year Ahead I can identify my goals for this year, understand my fears and worries about the future and know how to express them I know how to use my Jigsaw Journal I feel welcome and valued and know how to make others feel the same	Jigsaw L1 Am I normal? understand there are different perceptions about what normal means I can empathise with people who are different	Jigsaw L1 – Personal Learning Goals I know my learning strengths and can set challenging but realistic goals for myself (e.g. one in-school goal and one out-ofschool goal) I understand why it is important to stretch the boundaries of my current learning Jigsaw L2 – Steps to Success I understand why it is important to stretch the boundaries of my current learning I can set success criteria so that I will know whether I have reached my goal	Jigsaw L1 – Food I know the impact of food on the body, e.g. creating energy, giving comfort and altering mood I am motivated to give my body the best combination of food for my physical and emotional health	Jigsaw L1 – My Relationship Web I can identify the most significant people to be in my life so far I understand how it feels to have people in my life that are special to me	RSE: Types of Abuse Children will learn: - To judge well what kind of physical contact is acceptable or unacceptable and how to respond - That abuse violates the rights of children - That there are different people we can trust for help, especially those closest to us who care for us, including parents, teachers and priests
Jigsaw L2 – Being a Global Citizen I know that there are universal rights for all children but for many children these rights are not met I understand my own wants and needs and can compare these with children in different communities	Jigsaw L2 Understanding disability I understand how being different could affect someone's life I am aware of my attitude towards people who are different	Jigsaw L3 My Dream for the world I can identify problems in the world that concern me and talk to other people about them I recognise the emotions I experience when I consider people in the world who are suffering or living in difficult situations	RSE Impacted Lifestyles Learning Objectives Pupils will learn: - About the effect that a range of substances including drugs, tobacco and alcohol can have on the body. - How to make good choices about substances that would have an impact on their health. - That our bodies are created by God, so we should take care of them and be careful about what we consume.	Jigsaw L2 – Love and Loss 1 I know some of the feelings we can have when someone dies or leaves I can use some strategies to manage feelings associated with loss and can help other people to do so Jigsaw L3 – Love and Loss 2 I understand that there are different stages of grief and that there are different types of loss that cause people to grieve I can recognise when I am feeling those emotions and have strategies to manage them	RSE Making Good choices Learning Objectives Pupils will: - Consider how, as they get older, they may come under pressure when it comes to drugs, alcohol and tobacco - Learn that they are entitled to say “no” for all sorts of reasons, but not least in order to protect their God-given bodies
Jigsaw L3 Being a Global Citizen 2 I understand that my actions affect other people locally and globally I understand my own wants and needs and can compare these with children in different communities	Jigsaw L3 – Power Struggles I can explain some of the ways in which one person or a group can have power over another I know how it can feel to be excluded or treated badly by being different in some way	Jigsaw L4 Helping to make a difference I can work with other people to help make the world a better place I can empathise with people who are suffering or who are living in difficult situations Jigsaw L5 Helping to make a difference I can describe some ways in which I can work with other people to help make the world a better place I can identify why I am motivated to do this	Jigsaw L3 Emergency Aid I know and can put into practice basic emergency aid procedures (e.g. the recovery position) and know how to get help in emergency situations I know how to keep myself safe to avoid emergencies and also how to deal with emergencies if they happen	Jigsaw L4 – Power and Control I can recognise when people are trying to gain power or control I can demonstrate ways I could stand up for myself and my friends in situations where others are trying to gain power or control	RSE Giving Assistance Learning Objectives Pupils will learn that: - The recovery position can be used when a person is unconscious but breathing - DR ABC is a primary survey to find out how to treat life-threatening conditions in order of importance
Jigsaw L4 The Learning Charter I can make choices about my own behaviour because I understand how rewards and consequences feel and I understand how these relate to my rights and responsibilities	Jigsaw L4 – Why Bully? I know some of the reasons why people use bullying behaviours I can tell you a range of strategies for managing my feelings in bullying situations and for problem-solving when I'm part of one	Jigsaw L6: Recognising our achievements I know what some people in my class like or admire about me and can accept their praise I can give praise and compliments to other people when I recognise their contributions and	Jigsaw L5 Emotional and Mental Health I understand what it means to be emotionally well and can explore people's attitudes towards mental health/illness I know how to help myself feel emotionally healthy and can	RSE Cyberbullying Children will learn: - What the term cyberbullying means and examples of it - What cyberbullying feels like for the victim - How to get help if they experience cyberbullying	RSE – The Holy Trinity Learning Objectives Children will learn that: God the Father, God the Son and God the Holy Spirit are the three persons of the Holy Trinity. The Holy Spirit works through us to share God's love and goodness with others.

I understand that my actions affect myself and others; I care about other people's feelings and try to empathise with them		achievements	recognise when I need help with this		
Jigsaw L5 Consequences I understand how an individual's behaviour can impact on a group I can contribute to the group and understand how we can function best as a whole	Jigsaw L5 Celebrating differences I can give examples of people with disabilities who lead amazing lives I appreciate people for who they are	RSE Under Pressure Pupils will learn that: • Pressure comes in different forms, and what some of those different forms are • There are strategies that they can adopt to resist pressure	Jigsaw L6 Managing Stress I can recognise when I feel stressed and the triggers that cause this and I understand how stress can cause alcohol misuse I can use different strategies to manage stress and pressure	RSE: Self-talk Pupils will: • Learn about how thoughts and feelings impact on actions, and develop strategies that will positively impact their actions • Apply this approach to personal friendships and relationships	RSE- Catholic Social Teaching Learning Objectives Children will learn: The principles of Catholic Social Teaching That God formed them out of love, to know and share His love with others
RSE God is Calling You Learning Objectives Pupils will learn: • That God calls us to love others • About ways in which we can participate in God's call for us to love others	RSE Making Babies Part 2 Learning Objectives Pupils will learn: • Basic scientific facts about sexual intercourse between a man and woman • The physical, emotional, moral and spiritual implications of sexual intercourse • The Christian viewpoint that sexual intercourse should be saved for marriage	RSE: Do you want a piece of cake? Pupils will: • Understand what consent and bodily autonomy means • Discuss and reflect on different scenarios where it is right to say 'no'	RSE Build Others Up Children will learn: • About prejudice, bullying and discrimination: what they mean and how to challenge them. • About protected characteristics from the Equality Act 2010 such as race, age and disability. • That everyone is made in the image of God, loved unconditionally by Him, has equal dignity and is deserving of equal respect.	RSE Sharing isn't always caring Children will learn: • To recognise that their increasing independence brings increased responsibility to keep themselves and others safe • How to use technology safely • That just as what we eat can make us healthy or make us ill, so what we watch, hear, say or do can be good or bad for us and others • How to report and get help if they encounter inappropriate materials or messages	RSE – Reaching Out Learning Objectives Pupils will: Apply the principles of Catholic Social Teaching to current issues. Find ways in which they can spread God's love in their community.